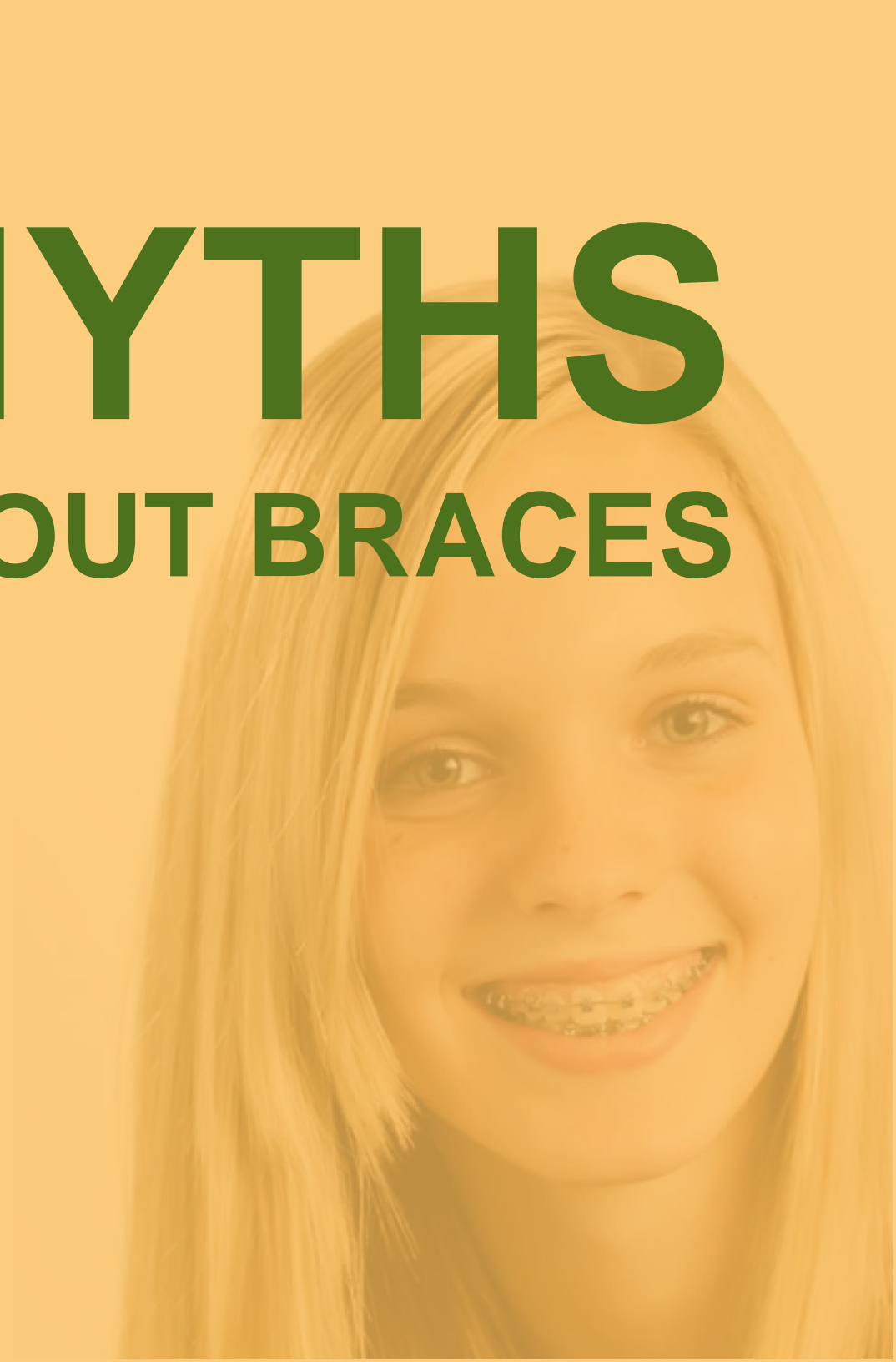


6

**MYTHS**  
**ABOUT BRACES**





# 1

## TEETH NEED TO BE PULLED

Modern techniques have revolutionized the way orthodontics is performed, and has resulted in permanent tooth removal only in rare cases. Often times starting treatment at an earlier age provides for opportunities to create space that aren't available at older ages. You may have noticed that kids are getting braces at younger ages these days, and you're right. Starting earlier doesn't mean the braces are on longer or that the teeth will move back after the braces are removed. In fact, it is the exact opposite of that! Starting at the correct age allows orthodontists to create space, and guide permanent teeth into the correct positions before they have erupted into crooked positions.

# 2

## PALATAL EXPANDERS ARE ALWAYS NEEDED TO WIDEN THE PALATE



Palatal expanders are a very effective method for creating space for crowded teeth—especially in growing kids. However, lighter forces and more efficient braces have created opportunities for straightening teeth that weren't previously available. Furthermore, there are a vast number of methods for creating space in the dental arches without the need for palatal expanders.

# 3 BRACES TAKE AT LEAST TWO YEARS



Length of time needed to straighten the teeth used to be talked about in terms of years. Modern orthodontics has allowed us to be able to discuss treatment times in months, and often times treatment can be accomplished within a period of just a few months. Sometimes even less than 1 year! Of course, the length of treatment depends entirely upon the complexity of the problem, and Dr. Kalange will be happy to discuss this with you. Now is a great time to undergo orthodontics!

# 4

## GETTING YOUR TEETH STRAIGHTENED COSTS AN ARM AND A LEG



Because of modern efficiencies, the length of time required to straighten the teeth, on average, has declined. Because of these efficiencies, treatment fees have leveled off, and in some cases have even declined! Remember, undergoing orthodontic treatment is an investment in your long-term dental and medical health. When compared to other health care costs, orthodontics remains one of the best values available. Our office provides customized payment plans with low down payments, and affordable monthly fees. We'll lower your out of pocket expenses by maximizing your insurance benefits, and we'll help you use any flexible spending account dollars you might have available.

# 5

## I'M TOO OLD TO GET MY TEETH STRAIGHTENED



The number of adults seeking orthodontic treatment has exploded in the last two decades. Invisalign and Invisible Braces has entirely removed the stigma associated with “metal mouth” braces. Our office routines and accommodations have been altered to specifically cater to adults in addition to what we do for kids. We go all out for the benefit of patients of all age ranges!

# 6

## I NEED A REFERRAL FROM MY DENTIST TO SEE AN ORTHODONTIST



All you need to do is pick up the phone and call! Unlike medical insurance companies, it is not necessary to have a referral to a specialist from your dentist in order to undergo orthodontic treatment. Dr. Kalange does not charge a fee for the initial visit, and you can come and have all of your questions about length of treatment, costs, customizable payment options, insurance benefits, and what needs to be done to get the teeth straight—before you ever have any out of pocket expenses! WOW! How about that!



**JOHN T. KALANGE, DDS, MS**

Orthodontics For Children, Adolescents & Adults